

## **CAP Director's Report 1.15.14**

### **Aquatics**

High school physical education classes are running from 1/8-1/17. Mr. Klingbeil is bringing over all sections of his PE classes during this time.

The 4k family outreach will be at the pool on Thursday, January 16 for a fun evening of swimming.

The new Wibit has been very successful with bringing families into the pool. We have added two Saturday nights a month for family fun, as well as use during open swim on Sundays. The Wibit will be up for the NMS incentive day on Friday, January 17 as well.

The new session of Masters has begun and has a total of 16 swimmers. Swim lessons for the first session of winter/spring began on January 6 and has 75 participants. The Blue Fins season has also begun and we have 55 swimmers.

### **CAP CARE**

CAP CARE currently has 66 children enrolled in the before and after school program. Lesli recently compiled a parent satisfaction survey; the responses are currently being collected and reviewed.

### **Food Pantry**

The week of January 6 we closed the Food Pantry on Monday due to the forecasted cold weather. Wanting to be proactive, we opened the Pantry on Saturday morning to help families. We had 19 households come to pantry that week, 17 on Saturday and 2 during week that were in need of food. The week of January 13 we served 37 households at the pantry. We anticipated it would be high due to the Holidays and numbers being low the prior week. Nancy has been doing well with volunteer help and food supply.

The January Community Café was sponsored by Family Focus and CART. A total of 170 people were served; a great number considering it was held on January 2, a busy day for families returning from the holidays.

### **Youth Center**

The Youth Center averaged 44 kids in December! We also served 120 youth in the month of December. This is about 30 kids over the normal amount we serve in a month. We are currently hiring for a Youth Center Aide due to a resignation.

### **Seniors**

The senior luncheon had 23 seniors in attendance in December with a performance from the Utica Christian School Youth Choir. The January luncheon had 26 seniors in attendance with entertainment from the Sassy Steppers, sponsored by the Our House Senior Living Center. December Bingo had zero seniors in attendance and Stamping in January only had one senior attend. We are hoping it was the cold weather keeping them away.

## **Park**

The Holiday Lights in Ripley Park ran through January 1. It was free to drive through this winter, so no way to track how many vehicles came through. We received minimal donations in the drop box; however, our sponsorships increased from last year.

## **Youth Athletics**

Boys Youth Basketball has 69 players overall, grades 4-8. We host in Cambridge on 1/25 and 2/1.

Grades, 1, 2, and 3 Basketball FUNdamentals will participate at halftime for varsity home basketball games on 1/17 and 1/31.

## **Adult Athletics**

Men's basketball league has four teams this session. Chad is looking into ways to increase participation numbers in hopes of returning to a 6 team league.

Current numbers for this session include: (does not include drop in students)

- SuperSaturday Body FIT 16 participants
- Monday and Thursday Body FIT 15 participants
- 6 participants for Yoga
- 8 participants for Zumba

## **Other Items**

- The 2014 Winter/Spring CAP brochure hit mailboxes just before Christmas. Many families registering for programs in January has kept us very busy. We are happy to be offering new programs such Engineering for Kids and Zumba. Both programs have had sufficient numbers to run. With the new brochure, Lesli, Jody, Chad and Bridgette were busy entering all the new program information into the CAP website.
- We have hired a new Administrative Assistant, Kristine Reich. Kristine comes to us with years of experience in accounting and payroll. Bridgette has been spending time training her.
- Bridgette and Jody have been attending community planning meetings for a Cambridge "signature event."
- Chad has been busy gearing up for the Slim Down Challenge, registration is ongoing through Feb. 6; log on to [www.FortHealthCare.com/slimdown](http://www.FortHealthCare.com/slimdown) to create team of 4 to 6 members. Weigh in dates will be January 30 & February 5 from 5:30-7 pm in the CAP office. The competition will run from Feb. 10 – May 5.
- Fort Health Care, CAP and the CES PE teachers have teamed up to offer Railyard Fitness during both PE and open gym on Sundays.
- We submitted 4 grants to the Cambridge Foundation: CHS weight room, Senior Citizen luncheons, Community Café, and Youth Center Flooring.

Respectfully Submitted,  
Bridgette Hermanson, Executive Director