

CAP Director's Report 10-22-14

Youth Center

The Youth Center has averaged 25 students in September, and so far October has averaged 30 students daily. In September we saw 90 different youth and we have had 30 new students come to the Youth Center so far this school year.

Seniors

The September and October luncheons each had 24 seniors in attendance. The library sponsored a magician for the September luncheon and Our House sponsored a steel drum player for October.

Park

The estimated costs for the construction came back much higher than expected and has put the plans on a temporary hold. The Foundation board meets at the end of October and will determine what will happen. At this point *if* construction does occur in 2015, it may actually be during the summer months.

Aquatics

Blue fins swim team has started practice. There are 62 swimmers this season. Head Coach Hannah Peppy and Assistant Coach John Collins have expressed that things are going very well.

The pool is working with St. Colleta's in hopes to have them come to the pool twice per week for recreational time for their residents.

The pool will be hosting a lifeguard certification course at the end of October. The goal is to find some additional day time lifeguards.

CAP CARE

Number of students

4k - 8

Lollipop Lane - 36

34th Street - 19

YoungStar will be coming to rate Cap Care between Oct. 20 – Nov. 14. This is the annual rating to which will hopefully lead to a 5 star level again.

Youth Athletics

Flag Football and Rec Soccer are wrapping up seasons on 10/15 and 10/11. Both programs exceeded last year's numbers, and each group of parents will receive an end of season survey with data to be used for upcoming sports seasons.

Lil Jays Girls Basketball has kicked off their season with games are set to start on 10/25. Final registrations numbers include 54 girls between grades 4- 8 with 11 volunteers. Practices began the week of October 6 and each team is averaging 2 practices a week.

Adult Athletics

Session #2 for adult fitness programs is currently open.

Fitness Center continues to be utilized daily. We will be offering additional payment structures that will allow patrons to purchase memberships, and pay on a monthly basis using only credit cards.

The Fort HealthCare Rock the Walk Challenge has started with 56 Cambridge community members representing the Cambridge Wellness Collaborative.

Food Pantry

In September, the number of households utilizing the Food Pantry has increased again, and we averaged about 35 household per week.

The October Community Café was hosted by St. Pius and served 176 meals. The next two months the Community Meal will be held at the Cambridge High School. We are excited for this venue because it should allow for less set up time, more seating and tables, and adequate parking.

On September 26 Nancy attended the Servsafe Manager class, an all-day training, where she learned how to serve food according to FDA codes, how to keep areas clean, and items sanitized. She successfully completed the course!

Other Items

The Wellness Expo was held on Saturday, September 20. The weather held off and we had 88 runners take part in the Fun Run. Additionally, we had a great turnout of vendors and Jazzercise participants.

Bike to school was held on Tuesday, September 23. We had 150 students participate, which was 35 more than in the spring!

We have been working with the district to ensure all practices and games are on the facilities calendar. This coordination and communication tool will help community groups, youth coaches, and the district maintenance team.

The CAP volunteer banquet was held on Sunday, October 5 at the LRCC. We had a wonderful turnout (120), and it was a great opportunity to showcase our new video, recognize our many dedicated volunteers, and share our appreciation. Congrats to our 2014 outstanding volunteers: Patty Haas, Avis Mueller, Dan Gaertner, Matt Carlson, Tim Krueger, and Peter Van Den Einde.

Bridgette attended the National Recreation and Park Association Congress from October 13-17.

Respectfully Submitted,

Bridgette Hermanson, CAP Executive Director