

CAP Directors Report 1-21-15

Youth Center

The Youth Center averaged 37 students in December. We also served a total of 217 youth for the 2014 year, which is the highest amount we have had since 2009!

We were notified that the United Way contract funding has been cut from many Youth Centers in Dane County. When Youth Centers were starting up, United Way envisioned the funding as seed money to help get them off the ground. We already saw a 50% cut a few years ago. Simultaneously, we were informed by United Way that we are currently not receiving any employee designated donations from the public sector, only private. Jody was given the paperwork to file to open up the Youth Center for public sector donations, and has already submitted them for 2015. Hopefully this will allow for some of the funds to be recovered. Jody plans to promote the United Way employee designation program early this year.

Seniors

The December luncheon each had 22 seniors in attendance for a holiday performance by the Utica Christian School youth choir. The January luncheon was canceled due to cold temps.

Park

It sounds like the Foundation has put the construction project on hold in order to obtain a second estimate. Jody will be beginning the staffing process for the summer in February.

Aquatics

The Blue Fins began their season on January 12. There are currently 49 kids on the Blue Fins swim team. Hannah Peppey and John Collins are coach again, and looking forward to a great season.

Swim lessons started on January 12 as well. There are 13 classes running with a total of 59 children enrolled. The second session of swim lessons will begin on March 2.

The Aquacize and Deep Water Fitness classes have been consistent with the number of participants enrolled.

CAP CARE

Number of students

4k - 9

Lollipop Lane - 30

34th Street – 20

In December CAP CARE participated in the gingerbread house building contest and the People's Choice Award.

The CAP CARE children voted to have an ice cream party and decided to donate the remainder of the money to the food pantry.

CAP CARE received the upcoming changes required by the Young Star program, and has already begun to implement the changes.

Food Pantry

We have averaged 29 households each week. The holidays were busy; we handed out 92 Ham Meal Baskets, sponsored by the Cambridge Foundation. Additionally, Jones Dairy Farm donated a nice size package of Canadian bacon for each family. We also had gifts that clients could choose from such as dish clothes (handmade and donated), soap gift sets, cologne gifts sets and other misc. donated gifts. Crystal Farms also donated enough one pound packages of brick cheese for the Thanksgiving and Christmas Baskets. Furthermore, local churches and individuals donated money and food to go toward baskets. It was a positive and successful season!

Community Café

CART and Family Focus put together a Taco Bar for the January Community Café. They served 194 people, even though weather was not the greatest (basketball and wrestlers came to eat since their game and matches were canceled) the tacos were a hit with them!

Youth Athletics

We had a total of 65 players enrolled for Lil Jays Boys Basketball Season between grades 4-8. Their league play began on January 3. CAP host dates include: January 10, 24, and February 7.

Basketball fundamentals will be finishing the 6 week session on January 17. Third grade boys and girls will go on to each play in a tournament in Jefferson on Feb 7.

The 10 week Fit Zone class will begin on January 14. Each week will involve a short lesson on healthy eating and positive choices, as well as include games and activities that will get kids active.

Adult Athletics/Fitness

The fitness center currently holds 46 active community memberships. In the month of January we have had 6 new memberships ranging from annual passes to 20 punch passes. In addition, we have seen an increase in the usage from high school out of season athletes during the 5-8 pm time. We are also excited for the start of the Fort Healthcare Slimdown challenge in February. The Fitness Center will host the participant weigh-ins on behalf of the Wellness Collaborative. We will be running a membership discount special exclusively to those who sign up for the competition. Lastly, we have been working with the School District on staffing plans for the 3-5 pm time.

Coed Volleyball and Men's Basketball are set to begin on January 14. There are four teams registered for basketball and six for volleyball.

Both Body FIT and Super Saturdays are both at max participation for the first time in the last few seasons. Janette Bystol has done a great job to grow these classes. Upcoming sessions are anticipated to max out as well.

Other Items

Lesli will be out on maternity leave until April 6. Kiley Schulte has been hired as the interim Director. She spent time training with Lesli prior to her leave, and is now overseeing CAP CARE and the Aquatics programs.

Renita Krusey began her internship with CAP on Monday, January 12. She is a UW-Whitewater student majoring in Health, Human Performance and Recreation. She will be with us for the duration of the semester and will get experience in all areas of CAP. Her workstation is located in the CAP office.

Respectfully Submitted,
Bridgette Hermanson, CAP Executive Director