

CAP Directors Report 2-18-15

Youth Center

The Youth Center averaged 36 students in January. We also served 107 different youth in January. There is a Youth Center dance planned for Saturday, February 21 after the Daddy Daughter Dance.

Seniors

The January luncheon was canceled due to cold temps. There are currently 15 seniors signed up for the February lunch.

Park

Jody will begin the staffing process for the summer later this month.

Aquatics

Kiley is working with the school to arrange for elementary school students to have the option of swimming on late start Wednesdays. This option will be for students in grades 3, 4, and 5, and will likely run for 6-8 weeks.

The Blue Fins Sweetheart Swim Invitational was held on February 7; it was a huge success! We hosted five teams, and had approximately 150 swimmers entered into the swim meet. There was a lot of cheering and smiles from the swimmers all day long.

CAP CARE

CAP CARE will be participating in the 4k child development days on Friday, February 20. We will have a table set up to answer any questions and hopefully sign up children for next fall.

Our next Parents Night Out is this upcoming Friday night, February 13. This PNO will be a Valentines Edition with the kids watching "Lady and the Tramp" and enjoying a small spaghetti dinner. We already have 15 kids registered for the night.

Food Pantry

The Pantry has averaged 31.5 households for the past month. Nancy is working on Easter Ham Baskets. These will be distributed on April 1, the Wednesday before Easter. She is also working with CART to have spring and summer clothes available to hand out the same evening. The Pantry continues to have plenty of wonderful volunteers!

Community Café

The February Café was hosted by the Dip for Dozer. They served 222 community members and Nancy continues to hear feedback regarding how nice it is to have the café at the high school.

Youth Athletics

Lil Jays Boys Basketball recently concluded their regular season schedule. Highlights from the season include both 6th grade boys' teams meeting in the championship round, and the 7th grade boys' team winning their end of season tournament. The rest of our teams fared well in their respective brackets, and represented Cambridge with pride. CAP season officially ends as of 2/23 with a few teams moving on to tournament season under the directions of the Cambridge Hoops Club.

Fit Zone is currently active with 10 registrants. Led by Nicole Carl, this group has been exploring food, exercise, and healthy habits that they can put into practice in their daily lives.

Youth baseball and softball coaches meeting are planned for this month. Introductory meetings are to discuss local planning items and logistics, to review fundamentals of coaching, and to educate coaches on why kids participate in sports today.

The Spirit Clinic started this week and has 37 girls participating. The high school Spirit Squad, along with Ms. Brickson, works with the girls to put together a performance for half-time of a CHS game. The performance will be held on Tuesday, February 17 during the girls' game.

Adult Athletics/Fitness Center

In collaboration with the School District of Cambridge, we are now providing staffing and supervision for the Fitness Center after school from 3 pm - 5 pm, Monday through Friday. This collaboration of resources allows high school coaches the ability to send athletes into the Fitness Center without having to provide additional coaching support during practices. Out of season athletes and students are required to turn in a form completed by their parent/guardian in order to utilize the facility. Each student is then issued a scan card that is used each time they visit. The data collected will be used to track usage trends for students, and also to inform coaches of athlete use.

Registration has officially closed for the Fort Healthcare Slimdown Challenge. Working in conjunction with the Cambridge Wellness Collaborative we were able to collect 40 participants to sign up. The forty participants will enable us to receive a \$500 mini grant from Fort HealthCare. These grants are provided to the Cambridge Wellness Collaborative to be used for ongoing community awareness and education projects such as Try it Tuesday; Walk/Bike to School; or towards physical items like Water bottle Refill Stations.

Other Items

We are busy planning the Daddy Daughter Dance, which will be held on February 21. The dance has become a popular annual event.

Bridgette attended a workshop in Madison as a member of the Jefferson Country Healthy Community Collation. The workshop was a part of the Healthy Wisconsin Leadership Institute.

Planning is underway for the summer CAP brochure.

We have also begun planning for the Lake Ripley Ride, Try Cambridge Tri and Touch-a-Truck events.

We launched a new registration system with our current brochure cycle. The change has been an adjustment for both staff and patrons. Overall, we have been happy with the new system and believe it was a positive decision.

Respectfully Submitted,
Bridgette Hermanson, CAP Executive Director