

## **CAP Directors Report 01/20/2016**

### **Youth Center**

The Youth Center was open for special programming during the holiday break. On December 28 students enjoyed games in the gym and crafts, and on December 29 they relaxed during a movie marathon.

### **Seniors**

The January 14 luncheon was cancelled due to low enrollment. A potluck was scheduled.

### **Park**

Demolition of the bathhouse began on Wednesday, January 13. We are excited to have the project underway.

### **Preschool Programs**

We continue to average 12 participants in the First Friends preschool program. Tot Time Open Gym has a good turnout of parents and tots attending, with about 10 families. Music Moves Me began on January 13 and has 6 children enrolled.

### **Food Pantry**

Nancy attended the Community Action Coalition meeting in December and received Civil Rights Training.

On December 16 the Food Pantry handed out 83 Ham Baskets. The ham was donated by Cambridge Foundation. Individuals and churches donated money or collected food items for baskets. Additionally, we also set up a gift room with donated gifts and let households pick out a gift for each member of household. Individuals were very appreciative of this.

Bridgette and Nancy met with a refrigeration specialist to look at setting up a maintenance program for the Food Pantry refrigerators and freezers. They learned how to properly clean each unit and also discussed alarms that would alert Nancy via text message should a unit go down.

### **Community Café**

The January Community Café was sponsored by CART, Family Focus and volunteers from Food Pantry. They provided a chili dinner and served 180 community members.

### **Aquatics**

Weekly Usage Report

- 12/4 – 12/10 = 322
- 12/11 – 12/17 = 298
- 12/18 – 12/24 = 141 (no lessons and holiday)
- 12/25 – 12/31 = 102 (no lessons and holiday)
- 1/1/16 – 1/7/16 = 534 (high school phy ed curriculum)

Winter/spring 2016 – Session 1 swim lesson – 74 participants

Lesli is meeting with the Home Again assisted living facility program coordinator next week to discuss having residence use the pool (and/or other CAP programs) for physical activity.

### **CAP CARE**

We had 12 children enrolled in the Camp Minion Mania over the holiday break. They enjoyed a trip to the new Rockin' Jum in Madison.

Current enrollment – 54

Waiting list - 6

Donna Phauski recently started volunteering at Cap Care and she has been wonderful. The kids are enjoying the extra attention.

### **Youth Athletics**

The boys Lil Jay's Basketball season opened this last weekend on Saturday January 9. Cambridge hosted the entire 7<sup>th</sup> grade pod of teams for a long day of great basketball. Both Cambridge teams had an excellent showing and look to build on the weeks to come. Cambridge will host again on 1/16 and 1/23 for grades four, five, and six.

Basketball fundamentals are also back in action after the holiday and only have a few weeks left. Each grade level was given an opportunity to participate as part of the halftime show at a varsity boys/girls basketball games. Both of the 3<sup>rd</sup> grade boys and girls teams will be participating in a 3 game guarantee tournament on February 6 in Jefferson.

The Fort Healthcare Railyard system is currently available free of charge on Sundays at Cambridge Elementary School from 2-4pm. This interactive playground like equipment is being utilized as a non-traditional activity that incites kids to get active and increase physical literacy. New this year, Chad created a weekly challenge that encourages kids to attempt different levels of physical activity to earn stickers. As of January, 10 we have had over 30 kids participate.

### **Adult Athletics**

With the start of the New Year, the Fitness Center has seen a slight increase in memberships, with 5 new members. The new memberships include one annual, one combo, two punch passes, and one winterim college student.

Weekly Usage:

12/12-12/19: 47

12/21-12/26 (Partially closed for holidays): 23

12/28-1/2: 15

1/4 – 1/9: 90

Usage during the holidays was at an anticipated low because of reduced hours and also because CHS students were on winter break. Usage is continuing to grow for high school students, which includes wrestling and girls' basketball using it during practice time.

Adult fitness classes are steady in 2016 and both sessions will be running. Both men's basketball and adult coed volleyball start on January 13<sup>th</sup>. Four teams will be competing in volleyball and five teams in basketball from which Cambridge, Jefferson, and Deerfield are represented.

**Other Items**

The Adopt-a-Child program was a success. Overall, gifts were delivered to 82 children in the Cambridge Community.

The offices were quieter over the holiday break, which allowed for Chad, Jody, Lesli, Kristy, and Nancy to take some much needed time off.

**New Hires**

Dena Keizer – Youth Center / Spring Intern

Victor Parziale – Lifeguard

**Rehires**

Cole Leadholm – Youth Center/Youth Basketball

Mason Skudlark – Lifeguard

Cassie Loether – Youth Center

Respectfully Submitted,  
Bridgette Hermanson, CAP Executive Director