

## **CAP Directors Report**

*October 2019*

### **Adult Athletics**

Pilates and Jazzercise continue to run smoothly throughout the month of October. Unfortunately, Endure Boot Camp did not have enough participants to run. The class will be looking at an alternative day/time in hopes to run in the future. The updates to the Fitness Center started to come together towards the end of October with the installation of the sidewalk, new windowed exterior door, and key fob system.

### **Aquatics**

13 members renewed or purchased passes/memberships in the month of October bringing the yearly membership total to 178. The goal is to reach 200 by the end of 2019. Dunkin' for Pumpkins was held on October 25. This was the first year it was held on a Friday night and turnout was right on with last year's numbers. A pumpkin decorating station was added this year and it was a huge hit! 43 kids total attended Dunkin' for Pumpkins.

### **CAP CARE**

October was full of big events for CAP CARE which started with the renaming and reorganizing of the classrooms. Due to a couple years of very large grades, the classroom arrangement wasn't as balanced as needed. The older classroom is now called Discovery Island. This name was chosen because this age group loves to discover new things from experiments to performing their own plays. The younger classroom is now called Imagination Station. Children of this age have very vivid imaginations and thrive on creating an environment where their imaginations can soar.

The rearrangement also came with some shifting of toys and games. This led to creating a Giving Tree at CAP CARE. This tree has ornaments of items that the children would like to have donated to CAP CARE this season. All items will be wrapped and opened as a group after Winter break. The best part is that everyone would like these items to be gently used items from home instead of new. The children loved the idea of repurposing their old toys.

The state licenser visited CAP CARE this month on the first half school day of the year, which is usually a very chaotic time. The visit went very well and the licenser was very patient and understanding. The visit resulted in 0 violations.

Please mark your calendars for Tuesday, November 26 at 3:15 pm for the annual Charlie Brown Thanksgiving. This event is welcome all families, CES, and CAP Board of Directors. This event has grown so big that it is now needed to be held in the CES cafeteria. An authentic Charlie Brown Thanksgiving dinner of popcorn, pretzels, jelly beans, toast and ice cream is served. After "dinner" is done all are welcome to the little theater to watch the Charlie Brown Thanksgiving movie.

Currently 9 students are on the waiting list for before and after school and 8 are on the 4K interest list for the 2020-2021 school year.

### **Community Café**

The Community Cafe was hosted by the Lake Ripley 4-H club Church in October and served 257 individuals shredded chicken sandwiches, fruit & pasta salad and ice cream sundaes.

### **Food Pantry**

The Food Pantry served 122 households to which included 202 adults and 103 children in the month of October. 88 Blue Jay Backpacks were handed out in October as well. Nancy attended the Jefferson County Pantries Coalition meeting and TEFAP training this month as well.

### **Ripley Park**

On Halloween, in the snow, staff started setting up the holiday lights. Garth had a busy month mulching and hauling leaves, cutting back shrubs, and winterizing the equipment and shop. This will lead to a healthier spring for our grass and plants.

### **Seniors**

The first meal was held on October 9 and served 18 seniors a lunch of spaghetti and meatballs and salad while they enjoyed a presentation from AARP on scams and fraud. On October 23, 22 seniors enjoyed chili/soup and grilled cheese sandwiches while watching the Promise Bank play old time country music.

### **Youth Athletics**

The soccer and flag football programs finished up in the early part of the month, while Lil' Jays girls basketball kicked off with some great numbers in each of our grade groups. Soccer and flag football received positive feedback from the surveys and some informative responses that will be used to keep progressing each year.

### **Youth Center**

In the month of October, the Youth Center saw 78 different kids come through the doors with the daily average in the high twenties. A small dip was noticed due to middle school and CAP basketball beginning. This month's DIY was pumpkin carving and had about 12 kids participate with some very interesting final products.

### **Youth Enrichment**

The October Parent's Night Out was full with 14 participants attending. Drum Set Studies and the STEM for Kids programs began a new session in October as well.

### **Other Information**

CAP hosted the annual volunteer appreciation banquet on Saturday, October 19. 85 volunteers attended the banquet held at the Cambridge Winery. It was a great opportunity to thank the volunteers for their support in 2019. The CAP leadership team is diligently planning the 2019 sponsor & donor appreciation breakfast which will be held in November. Invites and a copy of the 2020 sponsorship packet will be delivered to the community in November as well.

### **New Hires**

NA

Respectfully Submitted,  
Lesli Rumpf, Executive Director