

Cambridge Community Activities Program
Safe Return - COVID-19 Program Modifications

Last Updated: 11.23.2020

Status: ON HOLD

Name of Program: Swim Lessons (Group, Private and Semi-Private)

Program Summary:The Cambridge Pool offers a variety of swim lessons; group lessons, private lessons and semi-private lessons. Lessons offered will be limited. Offerings will require a parent/guardian in the water to offer hands on instruction and in-water support. Instructors will be hands-off and providing instruction while maintaining a 6' social distance.

Current state orders affecting this program: Dane Co.Public Health Order #10 - all individuals must wear masks when inside, indoor gatherings of any size prohibited. Outdoor gatherings limited to 10 people. Organized programs and activities which bring people from different households together at the same time, for the same activity are prohibited.

Scheduling: *15 minutes will be scheduled between each pool activity.
*Participants are asked to arrive no earlier than 5 minutes before their scheduled class.

Facility Entrance: *Participants will enter through the "Pool Entrance" doors located on the northeast side of the building.

Participant Areas: *Pool Deck
*Bleachers
*Locker Rooms

Participant Limitations: * All participants must self screen for a temperature of 100.4 or higher or any other COVID-19 symptoms and are not allowed to attend if exhibiting
* Participants are not able to attend if they have been exposed to a positive case of COVID-19 for 14 days from the exposure and must be symptom free for 72 hours
* Participants should arrive 'swim ready' (dressed in their swimming attire and no more than 5 minutes from the start of their class/program)
*Spectators will not be permitted in the facility.

Food & Hygiene: *No food is permitted on the pool deck, only water.
*Participants must bring their own water bottle, the shared water fountain will only be available for filling/refilling individual containers.
*Participants are asked to hand sanitize upon entry to the facility. Hand sanitizer will be located at the entrance to the pool.

Personal Equipment: *Participants are asked to bring their own equipment (as needed); fins, kickboards, pull bouys, paddles,etc.. NO pool owned equipment will be provided.

Shared Equipment: *NO pool owned equipment will be provided. Participants are asked to bring their own equipment; goggles, coast guard approved lifejacket, favorite floatable toy, etc..

Physical Distancing Participants: *Participants are asked to socially distance 6' from one another at all times while in the facility.

Spectators: *No spectators allowed for this activity.
*Classes running will be limited to Parent/Child group lessons and Private/Semi-Private Lessons with hands on parent assistance.

Coaches/Volunteers: *A swim lesson instructor will be present for each class. No hands on instruction from the instructor will take place at this time. (hands on, in-water parent assistance will be required)
*Instructors and staff will maintain 6' social distance from all other individuals in the facility.

Support Staff: *CAP Head Lifeguards and Lifeguards will act as onsite supervisor for all activities in addition to program specific coaches and instructors.